

OSTEOFLEX DENSITY BOOSTER

OPTIMAL JOINT HEALTH

This is the ultimate formula for optimal bone and joint health. Packed with the power of Zinc, Vitamin D, Calcium and undenatured type II collagen, our innovative blend is designed to support and nourish bone and joint health. Vitamin D aids in calcium absorption, promoting stronger bones, while Zinc enhances collagen synthesis, aiding in tissue repair and maintenance. The unique addition of undenatured type II collagen supports joint flexibility and cartilage protection, ensuring you can move with ease and grace. Trust our capsule to provide the comprehensive care your bones and joints deserve, allowing you to embrace an active and vibrant lifestyle!

UC-II®

UC-II® is an undenatured type II low dose collagen created to support tired, overworked joints to help consumers stay active and feel good. Studies show that only 40mg of UC-II helps keep you moving better than glucosamine + chondroitin and gain 10% more range of motion in your knees compared to those who took a placebo. UC-II is engineered to signal your body to rebuild and repair joint cartilage.

<https://nutritionj.biomedcentral.com/articles/10.1186/s12937-016-0130-8>

<https://www.tandfonline.com/doi/full/10.1186/1550-2783-10-48>

Calcium (as Calcium Citrate)

Calcium supplementation is beneficial for both bone and joint health because it supports bone strength and density, reducing the risk of conditions like osteoporosis and fractures. Strong and healthy bones provide a stable foundation for joints, promoting joint integrity and function. While calcium may not directly treat osteoarthritis, it plays a role

in its management by supporting overall bone health. The combination of calcium with other nutrients like Vitamin D and Zinc further enhances its benefits.

<https://academic.oup.com/jcem/article/95/7/3216/2596273>

Vitamin D

Approximately 50% of the people worldwide suffer from a Vitamin D deficiency. Vitamin D is crucial for joint health as it supports calcium absorption, leading to strong and

Supplement Facts

Serving Size 2 Capsules Servings Per Container 15

	Amount Per Serving	% Daily Value
Calcium (as calcium citrate)	300 mg	23%
Vitamin D	50 mcg	250%
Zinc (as zinc amino acid chelate)	15 mg	136%
UC-II Standardized Chicken Cartilage	40 mg	

† Daily Value not established

Other Ingredients: HPMC Capsule



healthy bones that are essential for optimal joint function. By promoting bone density, it helps prevent conditions like osteoporosis and reduces the risk of fractures. It also exhibits anti-inflammatory properties and plays a role in muscle function, contributing to joint stability and reducing stress on joints. Maintaining adequate Vitamin D is vital for reaping these joint health benefits.

<https://www.mdpi.com/2072-6643/11/2/243>

<https://academic.oup.com/ajcn/article/75/4/611/4689366>

Zinc Amino Acid Chelate

Zinc benefits bone health because it plays a crucial role in various aspects of bone metabolism. It is involved in the synthesis of collagen, the primary structural protein in bone tissue and contributes to bone mineralization. Zinc also helps regulate the activity of osteoblasts, the cells involved in bone resorption. Adequate Zinc intake has also been associated with increased bone density.

[https://analyticalsciencejournals.onlinelibrary.wiley.com/doi/](https://analyticalsciencejournals.onlinelibrary.wiley.com/doi/abs/10.1002/jemt.24213)

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